

# FITNESS

PRODUCT CATALOGUE 2025



# DUMBBELLS



## CH960012 - DUMBBELLS 10,0KG IN SUITCASE

Dumbbells set, black, 10,0kg, 2 weights of 2,5kg, 2 weights of 1,25kg, 1 dumbbellbar 30cm, 2 spin-lock collars with rubber-ring, practical suitcase. The ideal companion for home exercising. Exercising with dumbbells is one of the most efficient types of strength and fitness training as well as rehabilitation. Efficiency to strengthen and shape the muscles plus effective decrease of the adipose.



## CH960010 - VINYL DUMBBELLS SET IN SUITCASE

Set consisting of 2 dumbbells of 0,5kg/ anthracite, 2 dumbbells of 1,0kg/ lime green und 2 dumbbells of 1,5 kg/black, cast iron core with vinyl-coating (resistable against sweat and scratches, easy to clean), ideal for aerobics, gymnastics or fitness training. Logo print, reclosable suitcase with carrying handle.



## CH960007 - VINYL DUMBBELLS 3,0KG SET

2 dumbbells with a cast iron core and vinyl coated, 3,0kg, good grip and durable, ideal for all kinds of workout - aerobics, gymnastics and therapeutical training, anthracite, with logo, very good against scratches, easy to clean, carton packaging.



## CH960005 - VINYL DUMBBELLS 1,0KG SET

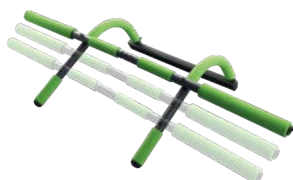
2 dumbbells with a cast iron core and vinyl coated, 1,0kg, good grip and durable, ideal for all kinds of workout - aerobics, gymnastics and therapeutical training, limegreen, with logo, very good against scratches, easy to clean, carton packaging.



## CH960004 - VINYL DUMBBELLS 0,5KG SET

2 dumbbells with a cast iron core and vinyl coated, 0,5kg each, robust material, good grip and durable, ideal for all kinds of workout aerobics, gymnastics, fitness and therapeutical training, limegreen, with logo, very good against scratches, easy to clean, carton packaging.

# FITNESS EQUIPMENT








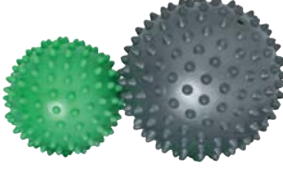
## CH960044 - DOORWAY PULL-UP BAR WITH MULTIPLE FUNCTIONS 4 IN 1

Practical multiple function home training tool for toning arms and upper body, and strengthening the abs, back and arm muscles. Excellent for chin-ups, sit-ups and push-ups. For door frames of max. width of 92cm and depth of 12-24cm (adjustable). Stable 25mm steel bar (2mm thick walls), max. load of 100kg. Soft, foam covered bar for comfort. Comes in limegreen-anthracite, incl. instruction manual.



## CH960031 - BALANCE-BOARD / WOBBLE BOARD NEW WITH ANTI-SLIP-PAD

Disk balance board, the balance trainer for all abilities. Stable PP plastic, 39,5cm, anthracite-limegreen, with logo and 20x20cm anti-slip-pad and additional cap with an increased bulge for advanced learners and higher requirements. In a carton. An effective muscles workout system, training of coordination and flexibility. Balance boards are suited for both, therapeutical rehabilitation and ambitious training.

	<p><b>CH960156 - GYMNASTIC BALL 65CM</b></p> <p>Robust ball made of PVC (free of phthalate), light grey colour, anti-burst quality, Ø 65cm (recommended body size 161-175cm), incl. foot pump, carton packaging, universal to use gym ball for all kinds of exercises as a therapeutic tool, office, sport and gymnastics.</p>
	<p><b>CH960045 - AB-ROLLER / ABDOMINAL TRAINER</b></p> <p>Mobile AB Wheel with two running wheels (PVC, Steel, PP, Ø 185mm, width: 45mm) and non-slip, ergonomic handles (PVC, Steel, PP). The stable construction can be easily put together and enables a smooth and save movement. Demanding sport equipment for the training of the upper and lower abdominal muscles as well as back, arms and shoulders.</p>
	<p><b>CH960030 - BALANCE-CUSHION</b></p> <p>Disk balance cushion made of PVC (free of phthalate), inflatable, massage texture, 33cm, incl. mini-pump, limegreen with logo print, in a carton. It improves balance, coordination, strength and blood circulation. The dimple-surface increases the senses and the cushion can also be used for a foot-massage.</p>
	<p><b>CH960120 - SET OF 2 RESISTANCE BANDS - NO LATEX (PERFECT FOR ALLERGY SUFFERER)</b></p> <p>1 lime green 0,45 mm tie easy-for-starters exercise band, 1 anthracite 0,55 mm exercise band for ambitious training. Size: 200x15cm, material: TPE, the resistance bands come in a blister card. Good exercising to strengthen nearly all muscle groups like hips, abs, chest, shoulders, back, triceps, biceps, and thighs. The portable fitness tool can be folded and used everywhere.</p>
	<p><b>CH960126 - MINI RESISTANCE BAND - SET OF 5</b></p> <p>Resistance Bands are the versatile mini gym for home and on the way, small and easy to transport they provide countless practising possibilities for a perfect workout. They increase the effectivity of the practises and can also be used in physiotherapy or rehab. The set includes 5 fitness bands 30 x 5 cm in 5 different thicknesses: Extra light yellow 0,35 mm, light green 0,45 mm, medium blue 0,55mm, hard red 0,65 mm and extra hard black 0,75. material: Latex, in convenient carry bag. In 4c box.</p>
	<p><b>CH960054 - SPIKY MASSAGE BALL (SET OF 2)</b></p> <p>Set of 2 massage balls made of PVC: 1 spiky massage ball 7cm soft inflatable - limegreen and one spiky massage ball 9cm hard - anthracite, in a 4c box with window and euro punch holes hanger. Ideal for grabbing and strengthening exercises as well as reflex zone massage. They are also commonly used in the rehabilitation sector for mobilisation and stabilisation exercises. "</p>

## - Our Representatives -

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